



Growing together to achieve international success



SYLLABUS SUMMARY

DEPARTMENT

Year 2022 – 2023



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1.- Contents and timing (even years). Basic knowledge and timing (odd courses).

The aim of RSHE is to give young people the information they need to help them develop healthy, nurturing relationships of all kinds, not just intimate relationships. It should enable them to know what a healthy relationship looks like and what makes a good friend, a good colleague and a successful marriage or other type of committed relationship. It should also cover contraception, developing intimate relationships and resisting pressure to have sex (and not applying pressure). It should teach what is acceptable and unacceptable behaviour in relationships.

RSHE is taught in 1st and 3rd ESO, Year 8 and Year 10 according to UK educational system.

Time Sequence 1º ESO

1st Term

Unit 1: Families

- 1.1 Committed relationships
- 1.2 Marriage, civil partnerships and cohabitation
- 1.3 Unsafe relationships

Unit 2: Internet Safety and Harms



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2nd Term

Unit 3: First Aids

Unit 4: Health and fitness

3rd Term

Unit 5 Health and Prevention

Time Sequence 3º ESO

1st Term

Unit 1: Changing adolescent body

Unit 2: Mental Wellbeing

2nd Term

Unit 3: Being safe

3.1 Consent and communicating consent

3.2 Sexual consent

3.3 Abuse

3.4 Rape and sexual assault

3.5 Honour-based violence and forced marriage

3.6 Female genital mutilation (FGM)

3.7 Grooming

3.8 Coercion

3.9 Harassment

Unit 4: Healthy Eating



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3rd Term

Unit 5: Drugs, alcohol and tobacco

5.1 Drugs

5.2 Alcohol

5.3 Tobacco

Unit 6: Intimate and Sexual Relationships

2.- Qualification criteria

40% RSHE notebook

40% Projects and various assignments

20% class behaviour, interest, participation

3.- Procedure And Instruments For Learning Assessment

Whilst there is no formal examined assessment for this subject, there are some areas to consider in strengthening quality of provision, and which demonstrate how teachers can assess outcomes. For example, tests, written assignments or self-evaluations, to capture progress.

4.-Recovery Measures And Activities



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As mentioned above there is no formal assessment for this subject so students who fail to show progress will be asked to complete a personal notebook with discussion questions based on the different topics covered in class.